

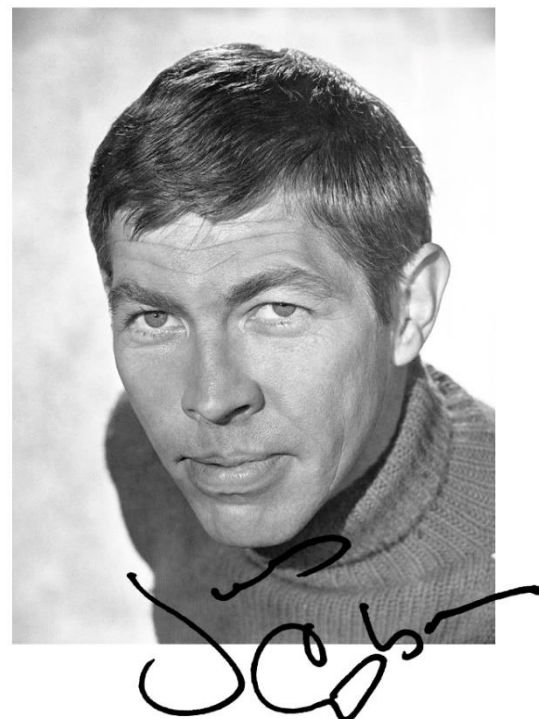
"It really, really does the job. It's non-toxic, totally, and it stops the pain."

Late Hollywood Legend JAMES COBURN

Beat Back Tough Disease!

James Harrison Coburn III (August 31, 1928 – November 18, 2002) was an American film and television actor. Coburn appeared in nearly 70 films and made over 100 television appearances during his 45-year career, and played a wide range of roles and won an Academy Award for his supporting role as Glen Whitehouse in *Affliction*.

But he's was not as cranky as he sounded. The "Affliction Experience" was a good one, complete with putty nose and lots of padding to turn him into his cantankerous, bloated character. "That's what we do," he said happily. It was also enjoyable because he was not in pain. In 1990, he could barely walk because of rheumatoid arthritis. "I was really sick with it for a long time — until I stopped seeing doctors," he chuckles. But he was serious. "Doctors want to give you drugs and keep you on 'em. I wanted to get to the root of the problem." So he started reading everything he could find on rheumatoid arthritis, went on a 15-day fast and did high colonies daily. "That started the cure. It's an insidious immune disease. The body works against itself. It extracts calcium from your bones and puts it in your muscles." But for almost 10 years, he said, "moving was always painful. Standing was really troublesome." The only relief? He laughed: "When you're working and having sex." A friend came over to his Beverly Hills house every day for 10 months and gave him a deep tissue massage, and he discovered a man who had an electromagnetic machine, which worked wonders by stimulating the immune system, he says. But it wasn't approved by the FDA, so then he visited the man and the machine periodically in England for treatment. Finally, Coburn found MSM. "Methyl sulfonyl methane, a dietary sulfur," he says. "It really, really does the job. It's non-toxic, totally, and it stops the pain." Coburn figured the illness took its toll on his career. "But now I'm working again and it's more fun now than ever." He stated.



James Coburn – Hollywood Legend
August 31, 1928 – November 18, 2002

“You can trace every sickness, every disease and every ailment to a mineral deficiency”



Linus C. Pauling
(Chemist)

Two-time Nobel Prize Laureate

February 28, 1901 – August 19, 1994



Recommended MSM Dosage:

¼ to 6 teaspoons twice daily in non-sweet orange juice or water.
Not usually recommended at night as this may increase alertness.